Principal’s Report

Disco
This Friday night, 21st June, students are looking forward to the school disco which is being run by Footsteps Dance. Thank you to teachers for giving their time to supervise and to volunteers to sell glow sticks. Parents are requested to bring students to the hall. Students will be marked off and not allowed to leave until parents come and collect children from the hall at the end of the session. This is the first time the school has held the disco this way, so please give us feedback about the good and things that could be changed next time.

Thank you to the P&C and in particular Matt for organising cool lights for the hall. This addition to the hall will add to the enjoyment of the disco and future performing arts activities.

Principal’s Afternoon Tea
Congratulation to these students who enjoyed a wonderful afternoon tea in my office as a reward for being respectful responsible learner: Kaelan, Matthew, Talia, April, Marissa, Kamryn, Nathan and Zoe. Congratulations to Jasmin in 4/5 who demonstrates outstanding behaviour at all times. She also enjoyed afternoon tea last week.

Pyjama Day
To celebrate winter, students are invited to wear pyjamas to school this Thursday. Students may be able to also wear sports clothes underneath if they think they may want to take off their pyjamas during the day. A small teddy, pillow and dressing gowns are welcomed as well. Sports shoes need to be worn outside for safety and fitness. We look forward to a fun day of cosiness inside our warm classrooms.

Athletics Carnival
Next Tuesday the annual athletics carnival will be held for all students K-6. All students are expected to attend as it is a school day. Students wear sports uniform with their house colour t-shirt. A warm tracksuit / jacket is encouraged to be worn as it could be a cold day. Younger students participate in races, relays and fun fitness activities while older students participate in field events of long jump, discus and shot put.

Parent volunteers are needed for recording, marshalling and time keeping. All our school community is welcome to attend at Dunbar Park Marsfield. Spectator parents, remember to bring chairs and warm clothes.

Yoga
In term 3 our special extra program will be YOGA. Positive feedback from last year’s trial lesson was terrific. This program aims to give students an awareness of the different forms of exercise and active lifestyle choices available as well as develop skills in breathing, focus and mindfulness.

Socceroos
Good luck to Australia as they play Iraq for the opportunity gain a place in next year’s World Cup. Good luck to the 40 students who have volunteered to participate in a huge march past with many other schools. I know that you will represent Melrose Park with pride and great behaviour. The students will wear ID bands for identification and safety. I thank Ms Riley for organising this opportunity for our students.

Late Arrival at School
Students should arrive at school by 8.55am each morning. If your child arrives at school after 9.00am you must accompany them to the school office and sign them into the “late book” and collect a late slip. No late student will be accepted into class without a late slip from the office.

Head Lice
I am asking that all families participate in the mission to reduce the incidence of head lice in the school. If all families treat their child’s hair for head
lice this weekend, check the head on a weekly basis and then complete a follow up treatment before school returns there may be a chance to break the head lice cycle in the school.

We need every family to commit to reducing the incidence of lice. While we acknowledge that lice are a constant annoyance and found in all schools and children settings, it is a parent’s responsibility to ensure that students are well presented to attend school each day. Many families do take this matter seriously. If one child is not treated it can affect the whole class then spread to siblings which affect other classes.

Treating head lice does not need expensive medicated treatments. The conditioner and comb treatment that is attached to the newsletter will work just as well. What does work is constant vigilance and a commitment to sending your child to school free from head lice. Thank you for your support regarding this emotive issue.

Clare Kristensen
Principal

Coming Events

<table>
<thead>
<tr>
<th>Term 2, Week 8</th>
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<td>Tuesday, 18/6</td>
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<td>ICAS Spelling</td>
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<td>Thursday, 20/6</td>
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<tr>
<td>Pyjama Day</td>
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<tr>
<td>Assembly – 2.05pm – Class 4/5 to host</td>
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<tr>
<td>Friday, 21/6</td>
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<tr>
<td>Sausage Sizzle – 5/6 parents required to assist</td>
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<tr>
<td>PSSA Round 9</td>
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<td>Discos – K-2 – 5.00-6.25pm 3.6 - 6.35-8.00pm</td>
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<table>
<thead>
<tr>
<th>Term 2, Week 9</th>
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<tbody>
<tr>
<td>Tuesday, 25/6</td>
<td></td>
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<tr>
<td>K-Yr 6 Athletics Carnival – Dunbar Park, Marsfield</td>
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<td>Wednesday, 26/6</td>
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<td>Debate – MPPS v Ryde PS</td>
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<td>Thursday, 27/6</td>
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<td>Tuckertime – 5/6 to host</td>
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<td>Reports sent home</td>
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<td>Friday, 28/6</td>
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<td>PSSA</td>
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<td>Last day of term</td>
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<th>Term 3, Week 10</th>
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<tbody>
<tr>
<td>Tuesday, 16/7</td>
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<td>Students Return to School</td>
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<tr>
<td>Thursday, 18/7</td>
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<tr>
<td>Assembly – 2.05pm</td>
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<tr>
<td>Friday, 19/7</td>
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<tr>
<td>PSSA – Meadowbank Park</td>
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Kelly and Mrs Grover for attending this event with our school community.

**Multicultural Perspectives Public Speaking Competition**
Good luck to Kayla, Jasmin, Oscar and Thomas who will be representing MPPS in the Multicultural Perspectives Public Speaking Competition this Thursday at Putney Public School. The students will be required to deliver their prepared speech and also develop and deliver an impromptu speech on the day.

**Yoga is coming!**
Next term, students will be participating in Yoga. It will be held each Monday and students will be required to wear sport uniform. You will receive further information soon.

**Climate Clever Update**
The 4/5E and 5/6M students have been busy learning about energy and are developing some great energy saving ideas. They have been using light metres, power metres and analysing electricity bills to determine energy usage. A real highlight of the program was making battery powered and solar powered cars (pictures can be viewed on the website). If any parents have any ideas about how to save energy around our school, there is a whiteboard located in the hallway of C Block where students, parents and teachers are encouraged to brainstorm ideas. At the end of next week, students will be submitting proposals outlining how to save energy in our school to Mrs Kristensen. It is possible for some of these proposals to be funded so students will have the opportunity to actually implement their project within the school.

Jen Riley
Assistant Principal

**Principal's Award for Book Work**
The following children will be receiving a Principal Award at this week’s assembly:

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
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<tbody>
<tr>
<td>KE</td>
<td>Lana</td>
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<tr>
<td>KS</td>
<td>Riley</td>
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<td>1</td>
<td>Dylan</td>
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<td>1/2</td>
<td>Jack</td>
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<tr>
<td>3</td>
<td>Anthony</td>
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<td>4/5</td>
<td>Lara</td>
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<tr>
<td>5/6</td>
<td>Kaelan</td>
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</tbody>
</table>

Assistant Principal Report

**Socceroos March Past**
Tonight, many of our students will be marching on the field at Stadium Australia before the Socceroos play against Iraq. It will be a fun but cold night, so make sure you are rugged up. Thank you to Mr
Help Needed – Book Covering
Our library has purchased some lovely books recently and we would appreciate some help in covering these books. If you are able to help out, by either taking them home or covering here, please see Karen or Debra in the office.

Many thanks,

P&C Report
President's Role
I would like to take this opportunity to welcome Nina Mather to the joint role of President of the P&C, last night Nina was voted in to share the role with me. I am looking forward to working with Nina in the coming terms. Nina has 2 boys at Melrose Park, Billy in Year 2 and Riley in Year 1.

Woolworths Earn & Learn
Please return all your stickers to the box in the office as soon as possible as they will need to be sent back to Woolworths next week. Any loose stickers can be put in without being put on a sheet as we can add to uncompleted sheets we already have.

School Disco
This will be held this Friday 21st June, the P&C will need a couple of volunteers for each session to help with the snack/drink hand out and sale of extra glow sticks, please either SMS or email me if you are available.

Athletics Carnival
Don't forget to place your order for the Sausage Sizzle, as this will need to be pre-ordered for the day as limited extras will be available. This can be used for both children and parents who are pre-ordering lunch and a drink. This order form must be returned by Thursday 20th June.

****CAKE DONATION – ATHLETICS CARNIVAL****
The P&C is running the cake stall at the Athletics Carnival next Tuesday 25th, on this day donations of Muffins / Cup cakes / Biscuits / Slices /Cakes Etc would be greatly appreciated. These donations can either be dropped at the office before 9am on the morning of the Carnival and where possible it is preferred if you could bring them up to the carnival.

Cakes will be sold for between 20c – 50c – so if parents cannot attend the carnival they can send money with children to purchase items from the cake stall and extra drinks for $2.00. We will also have Tea, Coffee and Hot Chocolate available for parents to purchase.

If you are able to help at the Athletics Carnival please return the note to the office as people will be allocated to help on the field and on the P&C stalls.

P&C Meeting
The next meeting is next Monday 22nd July @ 7.30pm, all are welcome to come along and learn about events planned for the school.

School Banking
Don’t forget this is on Wednesday Morning next to the library.

Sausage Sizzle
The next sausage sizzle this term is this Friday 20th June and Class 5/6 will be the host. Please ensure ALL orders are in by this WEDNESDAY. If you are able to help on this day, please see Nina Mather or Mick West or leave a message for them in the office.

Term 2
21st June – School Disco (helpers needed)
25th June – Athletics Carnival (P&C Cake stall and sausage sizzle – helpers needed)

Deborah Riley
President
0414 540 430
melroseparkpc@hotmail.com

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At Melrose Park Public School we are Respectful Responsible Learners
Kitchen Garden Update
The Kitchen Garden stall will now be held **every Thursday instead of Friday morning**, at 8:40 a.m. The 10 students and the Green Team will be selling lettuces, bitter greens (rocket, mizuna, endive), beetroots, leeks and spring onions. Please come and join us in the garden on Thursday morning if you want to purchase some of the wonderfully fresh Melrose Park produce.

We are also after volunteer families to come and help look after our Kitchen Garden during the April holidays. If you are interested, please return the slip below back to your class teacher.

We are interested in helping to look after the Kitchen Garden during the July holidays.

Names: __________________________________________________

Contact Numbers: _________________________________

Contact Email: ____________________________________________

Signed: ________________________________ Date: ______________

---X-------------------X-------------------------------

**SAUSAGE SIZZLE DAY – ORDER FORM for FRIDAY, 21st June, 2013**

Form must be returned with the money by **Wednesday, 19th June, 2013**. Please put order form and money in a sealed envelope.

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<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Full Roll</th>
<th>Beef $3.00</th>
<th>Chicken $3.00</th>
<th>Ice Block 50c</th>
<th>Lemonade Ice Block 50c</th>
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$ ____________
ATHLETICS CARNIVAL
25th JUNE, 2013

YUMMY CAKE STALL
Tea and Coffee
Sausage Sizzle

Children and spectators will be able to purchase cakes, drinks, etc. during the day.

ATHLETICS CARNIVAL – SAUSAGE SIZZLE ORDER FORM
Please return this order form for students (and spectators where possible)
By Friday, 21st June.

<table>
<thead>
<tr>
<th>NAMES</th>
<th>CLASS</th>
<th>BEEF $3.00</th>
<th>DRINK $2.00</th>
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<td>Others (Mums, dads, etc)</td>
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TOTAL ENCLOSED: $ _____________________
Removing head lice and nits

At a glance:
- Head lice and nits only live on human heads.
- They don't care if the hair is long or short, clean or dirty.
- Head lice are an unavoidable fact of life for all school-aged kids.
- The best and cheapest way to remove them is with inexpensive conditioner and a nit comb.
- You will need to re-treat your child several times before all the eggs will be gone.

Mention head lice and most of us instantly develop an itch. You'll find these little critters at every school across Australia - and probably the world - at some point during the year. While head lice and nits, (the eggs of head lice) are certainly annoying and persistent, they're not dangerous. Here's everything you need to know to rid your kids of head lice and nits.

Nitbusters’ myth busters
- Kids with head lice don't always scratch. The only way to rule out infestation is to look carefully through your child's hair.
- Head lice are only found on the human head.
- Head lice and nits live in long, short, curly, straight, clean or dirty hair.
- They are not found on family pets.
- Shaving your child's head is radical and unnecessary!
- Head lice do not live on furniture, hats, bedding, carpet or anywhere else in the environment.
- Head lice don't leap or jump. They crawl from hair to hair, from one head to another.
- Treating anything other than the human head does not get rid of head lice.
- There is no way to prevent your child from getting head lice.
- You may be able to help reduce transmission by tying girls’ hair back and braiding it.
- Never use insecticides, methylated spirits or kerosene on your child's head.
- Some essential oils, including tea tree oil, can trigger a reaction in some people. Tea tree oil is a proven antiseptic, but its effectiveness as a head lice treatment has not been demonstrated.
- You don't need to use an expensive commercial product.
- If you do decide to use a commercial treatment on your child's head, read the instructions very carefully.

You'll need:
- a bottle of cheap hair conditioner
- a towel
- a thick tooth comb
- a fine tooth comb
- a roll of paper towels.

Steps:
1. Sit your child on a chair or stool in front of you. Wrap a towel around their shoulders to catch conditioner spill. (You may want to put a video or TV show on, as this process can take a while.)
2. Apply a cheap, pale coloured conditioner generously to your child's hair. Work it through to coat every strand of hair. For long hair, it may be easier to tie one side of the hair off, and work in sections.
3. Head lice breathe through small openings along their abdomens. By coating the hair and therefore the louse in something thick and slimy, these openings close over, shutting down the louse's breathing for about 20 minutes – long enough for them to stay still and be combed out.
4. After you’ve applied the conditioner, use a large comb to part small sections of the hair, starting from the nape and working upwards toward the crown.
5. When the hair is detangled and manageable, use a fine lice comb and run through each section several times. Eggs are often found behind the ears and toward the back of the head. By combing from the bottom of the back of the head up, towards the top and front of the head, you're more likely to find the head lice.
6. After each comb out, wipe the conditioner on the paper towel. If your child has head lice, you will see them on the towel (they're a little like small, brown, chia or sesame seeds.)
7. Keep combing each section of hair until no further lice or eggs appear on the paper towel. Often you will see lots of old egg casings that may take a while to remove.
8. Once you have combed and re-combed each section of hair, either re-plait or tie it back if it's long enough.
9. Head lice often congregate on the crown of the head, so it's not until you reach these last sections of hair that you'll find adult lice. However, heads that are severely infected will have adult lice everywhere.
10. Repeat at least twice over the next few days, until you can't find any more in the conditioner. You'll never be able to get all the head lice and eggs out the first time. However, in the days after your first treatment, the eggs will hatch and you'll be able to catch the crawling nymphs (young lice).